

1 to 1 Productivity Coaching 4 Week Programme



Do you feel you could be more Productive? Are you finding it hard to stay on top of things? Would you like to be more focussed on your goals and priorities?

The Be Productive 4-week individual coaching helps you gain focus. Work with Productivity Consultant Moira Dunne to develop your own Productivity style and develop a plan to achieve your goals. Targets will be agreed and lots of support provided by Moira to help you gain results. A suite of Productivity templates will be available.

What Happens

- 4 x 40 Minute sessions over 4 weeks
- You complete a short form in advance to tell about your world
- The sessions take place by phone or via Zoom call, Session 1 can be in person
- Daily Motivational Tips

What is Covered

- Session 1 on Day 1 - Understanding Your Priorities
- Session 2 on Day 7 - Strategies to get things done in your world
- Session 3 on Day 14 - How to expect change and stay on track
- Session 4 on Day 28 - Making your plan

What You Gain

- Your own Action Plan
- Clarity around your Goals
- Your optimum Schedule
- A strategy to deal with your distractions
- Productivity Tips & Advice
- Access to Productivity Resources
- An invitation to the Be Productive community for ongoing tips & advice

At the end of the 4 weeks the programme can be extended as required.
Call Moira to chat about whether this programme is suitable for you.